

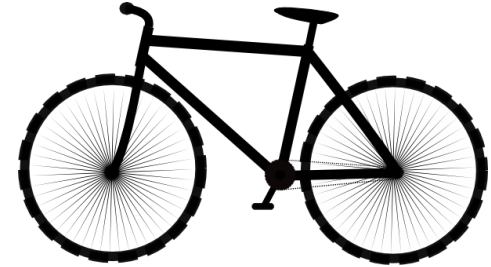
FREE
PROGRAM



Metz Recreation Center
2407 Canterbury Street
Austin, Texas 78702
512-478-8716

Metz Recreation Center

BIKING FOR FITNESS CLASS



**Must be 18 or
older to
participate!**



**Come and enjoy the beauty of the Lady Bird
Lake Hike and Bike Trail with us!**

**Classes start: Tuesday, August 27th
and Thursday, August 29th from **7-8pm**
will continue though the Fall.**

***Must Have 6 Participants for Program to Start.
Call Metz Recreation Center to Sign up Today!**

**Bikes are provided to the first 5 participants
if you don't have your own.**



The City of Austin is proud to comply with the Americans
with disabilities act. If you require assistance for participation
in our programs or use of our facilities please call 478-8716.

